



Middle School Menu September 2019

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice is served with each meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50
 Extra Lunch Entrée — \$1.75
 Rice Krispie Treat — \$1.00
 Extra Breakfast Entrée — \$1.25
 All Extra Side Dishes — \$0.50
 Flavored Water — \$1.00

Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.40
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	2	3	4	5	6
Breakfast		Biscuit Choice or Muffin & Yogurt / Juice / Fruit	Biscuit Choice or Mini Cinnis / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Manager's Choice Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice		Crispito (2) or Chicken Fajitas	Fish & Shrimp or Chicken Tenders	Cheeseburger or Stuffed Crust Cheese Pizza	Manager's Choice
Must Choose at Least 1:		Pinto Beans / Spanish Rice / Lettuce-Tomato Cup / Cherry Applesauce / Fresh Peach	Cornbread / Green Beans Macaroni & Cheese / Oven Fried Okra / Cole Slaw / Frozen Fruit Cup / Grape Cluster	Lettuce, Tomato, Dill Slice / Carrot & Celery w/Dip / Baked Beans / Juice Bar Baked Fries / Pear Salad	Please see individual schools for menu choices today.
or Salad		PBJ Sack	Yogurt Plate	Asian Chicken Salad	PBJ Sack

	9	10	11	12	13
Day					
Breakfast	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Honey Wheat Bun / Juice / Fruit	Manager's Choice Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	BBQ Sandwich or Hot Dog	Country Fried Steak w/Gravy or BBQ Chicken Drumsticks	Sloppy Jo or Extreme Beans & Cheese Burrito	Chicken Filet Sandwich or Ham & Cheese on Deli Thins	Manager's Choice
Must Choose at Least 1:	Cole Slaw / Baked Beans / Baked Tater Tot Medley / Watermelon Wedges / Pineapple Tidbits w/Kiwi	Yeast Roll / Creamed Potatoes / Peas & Carrots / Blackeye Peas / Fruit Cocktail / Orange Wedges	Baked Sweet Potato w/ Margarine & Brown Sugar / Broccoli & Cheese / Romaine Salad / Fresh Fruit Cup / Cry Baby Frozen Fruit Cup	Baked Tator Tots / Lettuce, Tomato, Dill Slices / Roasted Corn & Black Bean Fiesta w/Tortilla Chips / Cantaloupe Bites / Applesauce Cup	Please see individual schools for menu choices today.
Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate	Chef Salad	PBJ Sack

Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.



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Extra Milk — \$0.50

Extra Breakfast Entrée — \$1.25

Extra Lunch Entrée — \$1.75

All Extra Side Dishes — \$0.50

Rice Krispie Treat — \$1.00

Menu Prices for Middle School

Breakfast	Amount
Student	\$1.35
Reduced	\$0.30
Adult	\$1.75

Lunch	Amount
Student	\$2.40
Reduced	\$0.40
Adult	\$3.50

LoFat or Fat Free Milk Choice is served with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	16	17	18	19	20
Breakfast	Biscuit Choice or Mini Cinnis / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Maple Snack-n-Waffle / Juice / Fruit	Biscuit Choice or Mini French Toast / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Turkey & Cheese Wrap w/ Baked Chips or Beef & Cheese Nachos	Oven Fried Chicken or Meat Loaf	Corn Dog or Cheeseburger	BBQ Pork Choppette w/Roll or Hot Ham & Cheese Sandwich	Fish & Shrimp w/Hush Puppies or Rib-B-Q Sandwich
Must Choose at Least 1:	Whole Kernel Corn / Broccoli Salad / Pinto Beans / Juice Bar / Sliced Peaches / Pudding w/Topping	Biscuit / Creamed Potatoes / Brussel Sprouts / Glazed Carrots / Strawberry-Banana Cup / Juice Cup	Baked Fries / Fresh Veggies w/ Dip / Romaine Salad / Apple Slices / Fresh Pear	Oven Baked Okra / Pasta Salad / Baked Beans / Grape Cluster / Rosey Pear Halves (2)	Au Gratin Potatoes / Steamed Broccoli / Cole Slaw / Sherbet / Fresh Plum / Fresh Fruit Cup
or Salad	Yogurt Plate w/Fruit	Southwestern Plate	Yogurt Plate w/Fruit	Southwestern Plate	PBJ Sack

	23	24	25	26	27
Day					
Breakfast	Biscuit Choice or Mini Pancakes / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Muffin / Juice / Fruit	Biscuit Choice or Cheese Toast & Cereal / Juice / Fruit	Manager's Choice Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Chicken Stir Fry w/ Egg Roll or Max Stix w/Marinara Sauce	Hot Dog or Mini Burgers	Chicken Biscuit or Pancakes w/Sausage Patties (2)	Spicy Chicken Sandwich or Stuffed Crust Cheese Pizza	Manager's Choice
Must Choose at Least 1:	Corn on Cob / Romaine Salad / Rice w/Veggies / Orange Wedges / Tropical Fruit Mix	Potato Roasters / Veggie w/Dip / Cole Slaw / Glazed Apple Wedges / Juice Bar / Pudding w/Topping	Hash Brown Patties / Sweet Potato Tots / Yogurt Parfait / Wango-Mango Juice Cup / Watermelon Wedge	Lettuce-Tomato Cup / Steamed Whole Kernel Corn / Veggies w/Dip / Fresh Strawberries w/Whipped Topping / Frozen Fruit Ice Cup	Please see individual schools for menu choices today.
Salad	Grilled Chicken Salad Plate	Chef Salad	Grilled Chicken Salad Plate	Chef Salad	PBJ Sack

Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Tuna Salad	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich