



Elementary School Menu

September 2019

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50 Extra Breakfast Entrée — \$1.25
 Extra Lunch Entrée — \$1.75 All Extra Side Dishes — \$0.50
 Rice Krispie Treat — \$1.00

Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.25
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.50

LoFat or Fat Free
 Milk Choice is served
 with each meal.

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	2	3	4	5	6
Breakfast		Chicken Biscuit or Cinnamon Roll / Applesauce Cup or Juice	Chicken Biscuit or Grilled Cheese Sandwich / Banana or Juice	Sausage Biscuit or Cereal w/Muffin / Peach Cup or Juice	Manager's Choice Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Labor Day Holiday	Beef & Cheese Nachos Or Pizza	Chicken Tenders w/roll or Corn Dog	Country Fried Steak w/Gravy or Oven Fried Chicken	Manager's Choice
Must Choose 1: Fruit or Vegetable		Tossed Salad / Whole Kernel Corn / Pear Salad/ Juice Cup	Macaroni & Cheese / Romaine Salad / Jello w/Fruit Topping / Watermelon wedge	Roll / Cream Potatoes Steamed Broccoli w/Cheese/ Fresh Peach / Juice Bar	Please check with individual schools for the menu choices for today.

	9	10	11	12	13
Day					
Breakfast	Biscuit w/Jelly & Cereal or Honey Wheat Breakfast Bun / Fruit Cocktail or Juice	Sausage Biscuit or Pancake on a Stick / Banana or Juice	Ham/Cheese Croissant or Cereal w/Pop Tart / Peach Slices or Juice	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	Manager's Choice / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Crispito w/Cheese Sauce or Wild Mike's Cheese Pizza	Cheeseburger or BBQ Sandwich	Chicken Nuggets w/roll Fish filet w/ hushpuppies	Chicken Sandwich or Lasagna w/garlic toast	Manager's Choice
Must Choose 1: Fruit or Vegetable	Tossed Salad / Tortilla Chips w/Salsa / Baked Cinnamon Apples / Orange Smiles	Cole Slaw / Deli Roasters / Fresh Strawberries w/Whipped Topping / Peach Slices	Roll / Green Beans / Candied Yams / Cherry Applesauce / Fruit Parfait	Lettuce, Tomato, Dill Slices / Baby Carrots w/Dip / Corn on Cob / Fresh Fruit Cup / Fresh Pear	Please check with individual schools for the menu choices for today.



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	Monday	Tuesday	Wednesday	Thursday	Friday
Day	16	17	18	19	20
Breakfast	Mini Berry French Toast or Honey Wheat Breakfast Bar w/Cereal / Fruit or Juice	Muffin w/Yogurt or Sausage Biscuit / Fruit or Juice	Mini Cinnamon Bun or Biscuit w/Jelly & Cereal / Fruit or Juice	Cereal w/Cheese Toast or Egg & Cheese Biscuit / Fruit or Juice	Maple Snack-n-Waffle or Breakfast Burrito / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Mini Corndogs (6) or Basil Boss Cheese Pizza	Tangerine Chicken or Wild mikes cheese stix w/ marinara sauce	Hot Ham & Cheese Sandwich or Cheeseburger	Baked Spaghetti w/Garlic Toast or Soft Shell Tacos w/Shredded Cheese Cup	BBQ Pork Choppett or Fish Sticks & Shrimp
Must Choose 1: Fruit or Vegetable	Romaine Salad / Corn on the cob / Orange Smiles / Applesauce w/Cherry Garnish	Vegetable Rice / Honey Glazed Carrots / Roll / Fresh Red Grape Cluster / Glazed Apple Slices	Broccoli w/ ranch dip Tater Tot Medley / Pear Salad / Strawberry-Banana Cup	Garden Salad / Marinated Black Bean Salsa w/Tortilla Chips / Peach Slices / Juice Bar	Au Gratin Potatoes / Brussel Sprouts / Cornbread / Fresh Nectarine / Cantaloupe Bites

	23	24	25	26	27
Day					
Breakfast	Breakfast Bagel or Cereal w/Jelly Biscuit / Fruit or Juice	Mini Pancakes or Scrambled Eggs w/Toast / Fruit or Juice	French Toast Sticks or Sausage Biscuit / Fruit or Juice	Chicken Biscuit or Mini Cinnis/ Fruit or Juice	Manager's Choice / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Turkey roast w/ gravy or Meatloaf	Sloppy Jo or Ham burger	Oven Fried Chicken or Country fried steak	Pepperoni Pizza or Crispito	Managers choice
Must Choose 1: Fruit or Vegetable	Cornbread / Macaroni & Cheese / Blackeye Peas / Glazed Apple Wedges / Pineapple Tidbits w/Kiwi Garnish	Baked Fries / Lettuce, Tomato, Dill Slice / Vegetables w/Dip / Banana / Juice Cup	Creamed Potatoes / California Blend Mixed Vegetables / Roll / Fruit Cocktail / Fresh White Grape Cluster	Spinach & Strawberry Salad / Corn on Cob / Lime Sherbet / Cherry Flavored Applesauce	Managers choice



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